

Recommended Resources from the Northern Links Web Site

<http://www.northernlinks.org>

Generations Being Active Together: Guidelines for Intergenerational Physical Activity Programs

<http://lin.ca/Files/12810/IGPA.pdf>

Getting Started Checklist: A guide to starting an intergenerational program

<http://lin.ca/Files/1039/am00030.pdf>

Benefits of Intergenerational Programs

<http://lin.ca/Files/1054/G-1.pdf>

Intergenerational Programs

<http://lin.ca/Files/699/B-4.pdf>

Knitting generations together

lin.ca/resource-details/1683

Connecting Generations Tool Kit

<http://lin.ca/Files/6827/ConnectingGenerationsToolkit2.pdf>